

## Cabot School District Health & Wellness Triennial Assessment SY 23-24

	Wellness Policy	Month
Ark 6.07.1.1 Include in the local Wellness Policy, goals for nutrition education, physical activity, and other school based activities that are designed to promote student wellness in a manner that the LEA determines is appropriate (may have standards in the Wellness Policy and annually updated goals in the ACSIP School Form)	#2	October
Ark 6.07.1.2 Include in the local Wellness Policy, nutrition guidelines selected by the LEA for all foods available (both sold and provided) on each school campus under the LEA during the school day with the objectives of promoting student health and reducing childhood obesity	# 6, 8, 9, 10, 11, 12, 13	October
Ark 6.07.1.3 Include in the local Wellness Policy, guidelines for reimbursable meals, which are no less restrictive than regulations and guidance issued by USDA	# 12	October
Ark 6.07.1.4 Include in the local Wellness Policy, a plan for measuring implementation of the local wellness policy, including designation of 1 or more persons within the LEA charged with operational responsibility for ensuring that each school fulfills the district's local wellness policy (ACSIP District Form – chair and co-chair)	# 12	October
LEA's are required to inform and update the public about the content and implementation of the local wellness policy	# 19	November
LEA's must measure periodically and make available to the public an assessment of the local wellness policy including (Triennial Assessment): Extent to which schools are in compliance with the local wellness policy (using this checklist)  Extent to which the LEA's local wellness policy compares to model local school wellness policies (using the "Included in Policy?" checkbox on this form)  And progress made in attaining the goals of the local wellness policy (using BMI data, SHI, and ACSIP)	completed 10/30/2023	
Include in the Wellness Policy, a standard for food and beverage marketing that allows marketing and advertising of only those foods and beverages that meet the Smart Snacks nutrition requirements.	# 14	October
Include in the Wellness Policy, a description of public involvement, public updates, policy leadership, and evaluation plan.	# 19	October
Cabot School District Wellness Policy 5.25 may be accessed: <a href="http://www.cabotschools.org/public/userfiles/District_Policies/20192020/ADE_New_Name_DESE/Sec_5_-_Curriculum_and_Instruction_-_ADE_Name_Change_August_2019.pdf">http://www.cabotschools.org/public/userfiles/District_Policies/20192020/ADE_New_Name_DESE/Sec_5_-_Curriculum_and_Instruction_-_ADE_Name_Change_August_2019.pdf</a>		